



NEWSLETTER

AUTISM RESOURCE CENTRE LAHORE



The Autism Resource Centre Lahore (ARCL) was established in 2015 by Dr. Ahmad Faraz Bhatti, driven by a personal commitment to improving the lives of children with autism, inspired by his own experiences as a parent. As a non-profit organization, ARCL has become a beacon of hope for families navigating the challenges of autism. Led by Syeda Mehwish, the center prides itself on a team of highly educated and trained professionals, including therapists, educators, and support staff, who specialize in autism spectrum disorders. ARCL provides a wide range of services, including therapeutic interventions, personalized education plans, and skill-building programs, designed to help children reach their full potential. With its state-of-the-art facilities and a strong emphasis on innovation and care, ARCL has established itself as a trusted and leading institution for autistic children, ensuring their growth in a supportive and inclusive environment.

Quarterly Highlights

- **January**
- **February**
- **March**

Preview

1



2021 - January

- Empowering Autistic Children
- Art Classes

2



2021 - February

- Group Activities
- Celebrating 6 years of ARCL

3

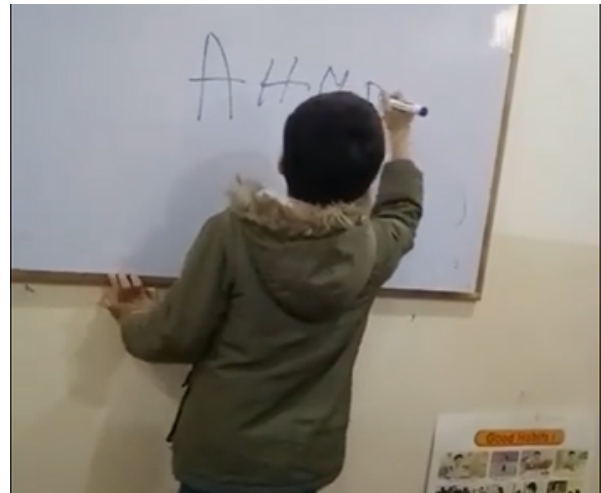


2021 - March

- Role-Play Activities
- Interactive Parental Guidance Session

Empowering Autistic Children

At ARCL, we remain committed to nurturing the potential of children with autism by providing them with a structured, supportive, and engaging environment. Our activities focus on social development, creative expression, hands-on learning, and parental guidance, ensuring a holistic approach to their growth.



Art Class – Encouraging Creativity and Self-Expression

Our little artists explored their creativity through art, an essential medium for self-expression. Art therapy not only enhances fine motor skills but also serves as a communication bridge for non-verbal children, helping them convey emotions and thoughts.



Group Activities – Building Friendships and Social Skills

Through structured group activities, children learn the importance of teamwork, communication, and cooperation. These interactions help improve social adaptability, emotional intelligence, and confidence, enabling them to form meaningful friendships.



Celebrating 6 Years of Success – A Journey of Dedication

ARCL proudly marked six years of dedication towards autism awareness and support. We deeply appreciate our staff members for their unwavering commitment to making a difference. With continued efforts, we strive to enhance our programs and provide even better support for children with autism and their families.



Doctor Checkup Role-Play – Making Real-Life Experiences Less Intimidating

Role-playing is an essential method of helping children understand real-world experiences. Through our doctor checkup role-play sessions, children become familiar with medical environments in a fun and non-threatening way, reducing anxiety and promoting confidence.



Interactive Parental Guidance Session – Sensory Integration in Autism

We held an interactive lecture for parents, where our consultant occupational therapist, Ms. Wajeeha, provided valuable insights on the importance of sensory integration for children with autism and other developmental disorders. This session equipped parents with essential strategies to support their child's sensory needs at home and in daily life.





AUTISM AWARENESS MESSAGE

Small steps can lead to big achievements for autistic individuals. A little patience, encouragement, and support from family, teachers, and society can help them unlock their full potential. Instead of rushing their progress, we should celebrate each milestone, no matter how small. When we meet them where they are, we open doors to greater possibilities.

OUR VISION

The Autism Resource Centre aims to become nationally and internationally acknowledged Centre with the distinction of implanting Quality services combined with outstanding outcomes through conducive learning environment, experienced staff, efficient, and friendly management.

OUR MISSION

The mission of the Autism Resource Centre (ARC) Lahore is to support individuals with autism and their families by providing education, therapy, and resources. We aim to develop each child's potential, improve their quality of life, and prepare them for integration into mainstream schools, fostering a better understanding of autism across communities.



Support Us



Your support can transform lives at ARCL. Every donation helps us provide a safe, empowering space where children with autism can thrive. Together, we can offer quality education, life-changing therapies, and a brighter future for these incredible kids. Join us in this journey of hope and possibilities—because every child deserves a chance to shine. Donate now and make a lasting impact!

DONATION DETAILS

CONTACT US:

042 35248222 | 0300 9579526 | 0303 6655444

BANK DETAIL:

Account Number: 0000 0000 1478 4462 MCB Bank,
wapda Town Lahore.