



NEWSLETTER

AUTISM RESOURCE CENTRE LAHORE



The Autism Resource Centre Lahore (ARCL) was established in 2015 by Dr. Ahmad Faraz Bhatti, driven by a personal commitment to improving the lives of children with autism, inspired by his own experiences as a parent. As a non-profit organization, ARCL has become a beacon of hope for families navigating the challenges of autism. Led by Syeda Mehwish, the center prides itself on a team of highly educated and trained professionals, including therapists, educators, and support staff, who specialize in autism spectrum disorders. ARCL provides a wide range of services, including therapeutic interventions, personalized education plans, and skill-building programs, designed to help children reach their full potential. With its state-of-the-art facilities and a strong emphasis on innovation and care, ARCL has established itself as a trusted and leading institution for autistic children, ensuring their growth in a supportive and inclusive environment.

Quarterly Highlights

- **April**
- **May**
- **June**

Preview

1



2023 - April

- Autism Awareness on National TV
- World Autism Day Celebration & Spring Festival
- Training at Pakistan Air Force Teacher Training Institute

2



2023 - May

- MOU Signing with the University of Education
- Ramazan Aftar Party
- Eid Millan Party

3



2023 - June

- Parent Workshop on Speech Production
- Farewell Party
- watermelon Day Celebration

Autism Awareness on National TV

On April 2nd, World Autism Awareness Day, our Director, Syeda Mahwish Raees, was invited to NEO TV to discuss "Autism Awareness." She emphasized that autism is not just about awareness but about acceptance, understanding, empowerment, respect, and inclusion. Every milestone of a child with autism is a celebration, and it is the responsibility of society to foster a supportive environment where individuals on the spectrum feel valued and included. Through this platform, she highlighted the need for long-term commitment toward building a society that embraces neurodiversity with open hearts and minds.



World Autism Day Celebration & Spring Festival

ARCL marked World Autism Awareness Day with a special celebration for our precious kids, combined with a vibrant spring festival. The event aimed to provide an inclusive and joyful environment where children engaged in fun-filled activities, promoting social interaction and confidence-building. The festival highlighted the beauty of diversity and the importance of embracing every child's unique abilities. Parents, educators, and volunteers joined hands to make the day memorable, reinforcing the significance of community support in creating an inclusive world for children with autism.



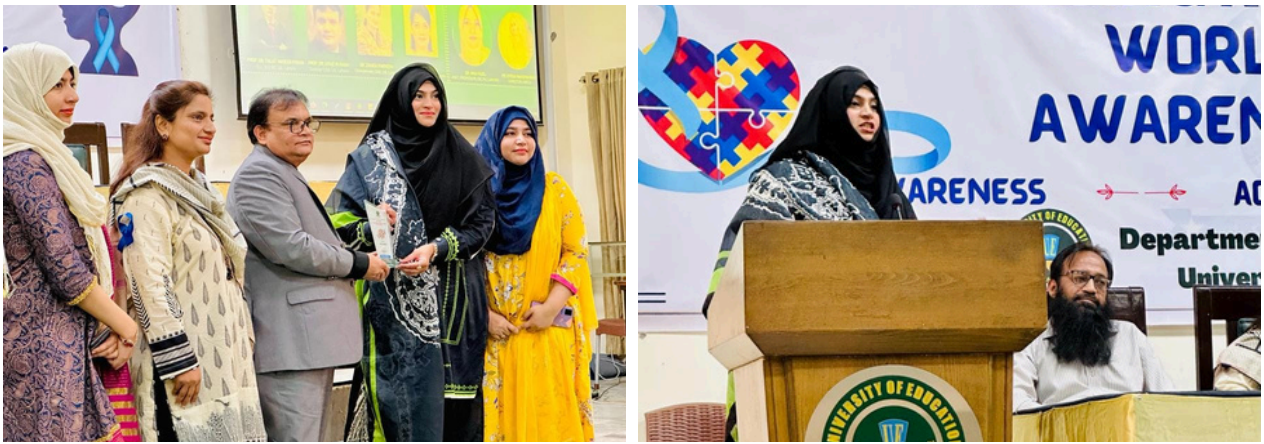
Training at Pakistan Air Force Teacher Training Institute

In April, our Director, Syeda Mahwish Raees, was invited to the Teacher Training Institute for Special Needs of the Pakistan Air Force. Professionals from 17 bases across the country attended the training session on "Socialization, Agents of Socialization, and Teaching Social Norms to Children with Autism." It was an enriching experience where passionate educators collaborated on effective intervention strategies. As a token of appreciation, a certificate of honor was presented to our Director for her valuable contributions. This initiative reflected the growing commitment to enhancing autism education within specialized training programs, ensuring better support for children with autism nationwide.



Guest Speaker at Education University Seminar

The University of Education organized a seminar on "Transforming the Neuro-Inclusive Society for All" as part of International Autism Awareness Month. Our Director, Syeda Mahwish Raees, was invited as a guest speaker by the Chairperson of the Special Education Department, where she delivered an insightful lecture on "The Importance of Social Skills for Children with Autism in an Inclusive World." She was honored with an award by the Director of the Special Education Department in recognition of her dedication to autism advocacy. The session sparked meaningful discussions on the role of educational institutions in fostering inclusivity and equipping students with the skills needed to support children with autism.



MOU Signing with the University of Education

We are proud to announce that ARCL has collaborated with the University of Education to provide hands-on training for special education students in the field of autism. Our Director, Syeda Mahwish Raees, discussed the significance of autism intervention with the Vice Chancellor, leading to the signing of an MOU. This partnership will allow students to engage in research and training, fostering a better future for autism care and education. ARCL welcomes all passionate individuals who wish to contribute to the field of special needs education.



Ramazan Aftaar Party for Our Angels

Ramazan is a time of reflection, gratitude, and togetherness. ARCL organized a heartfelt Aftaar party for our little angels, where they shared love, care, and joy over a meal. The event was a reminder of the values of kindness and generosity, as our children enjoyed a beautiful evening filled with warmth, delicious food, and a spirit of unity. It was heartwarming to see their smiling faces as they engaged in conversations and built bonds over a meal, reinforcing the importance of inclusivity and shared experiences in their developmental journey.



Eid Milan Party Celebration

To celebrate the joy and festivity of Eid, ARCL arranged a lively Eid Milan party for our champions. The event was filled with laughter, happiness, and fun activities, allowing our children to experience the true essence of Eid. It was a moment of bonding and togetherness, making the celebration special for everyone involved. Teachers, parents, and children came together to exchange gifts and sweets, creating an atmosphere of love and inclusivity that truly captured the spirit of Eid.



Parent Workshop on Speech Production

ARCL strongly believes in educating parents to support their children's learning and development. A two-day workshop titled "Role of Oral Motor Mechanism in Speech Production" was conducted by our senior speech and language pathologist, Miss Samia Kanwal. She elaborated on the speech mechanism and demonstrated oral motor exercises that help strengthen speech-related muscles. The workshop was a great success, providing parents with essential knowledge to aid their children's communication skills. Parents actively participated in practical exercises and discussions, gaining valuable insights that will enable them to provide consistent speech support at home.



Farewell Party for Our Bright Stars

Success is not final, and failure is not fatal—it is the courage to continue that counts. ARCL celebrated a heartfelt farewell party for our bright stars, recognizing their achievements and milestones. The children were rewarded with gifts and cards, appreciating their hard work and progress. It was an emotional yet joyous occasion, marking the beginning of new journeys for our talented students. The event was a testament to their perseverance and growth, encouraging them to embrace the next chapter of their lives with confidence and determination.



Watermelon Day Celebration

Summers are best enjoyed with refreshing treats, and ARCL organized a delightful Watermelon Day for our champions. The event was packed with fun activities, where children relished the sweet taste of watermelon while engaging in interactive games. It was a day filled with laughter, happiness, and moments of pure joy, bringing smiles to the faces of our little champions. The vibrant and energetic atmosphere created a perfect setting for children to enjoy a sensory-rich experience while promoting healthy eating habits in a playful manner.





AUTISM AWARENESS MESSAGE

Recognizing autism early and providing the right support can make a significant difference in a child's development. Timely interventions help build communication, social, and life skills for a brighter future. Parents and caregivers should work closely with professionals to create personalized development plans. Every small step forward is a victory worth celebrating.

OUR VISION

The Autism Resource Centre aims to become nationally and internationally acknowledged Centre with the distinction of implanting Quality services combined with outstanding outcomes through conducive learning environment, experienced staff, efficient, and friendly management.

OUR MISSION

The mission of the Autism Resource Centre (ARC) Lahore is to support individuals with autism and their families by providing education, therapy, and resources. We aim to develop each child's potential, improve their quality of life, and prepare them for integration into mainstream schools, fostering a better understanding of autism across communities.



Support Us



Your support can transform lives at ARCL. Every donation helps us provide a safe, empowering space where children with autism can thrive. Together, we can offer quality education, life-changing therapies, and a brighter future for these incredible kids. Join us in this journey of hope and possibilities—because every child deserves a chance to shine. Donate now and make a lasting impact!

DONATION DETAILS

CONTACT US:

042 35248222 | 0300 9579526 | 0303 6655444

BANK DETAIL:

Account Number: 0000 0000 1478 4462 MCB Bank,
wapda Town Lahore.