



# NEWSLETTER

## AUTISM RESOURCE CENTRE LAHORE



The Autism Resource Centre Lahore (ARCL) was established in 2015 by Dr. Ahmad Faraz Bhatti, driven by a personal commitment to improving the lives of children with autism, inspired by his own experiences as a parent. As a non-profit organization, ARCL has become a beacon of hope for families navigating the challenges of autism. Led by Syeda Mehwish, the center prides itself on a team of highly educated and trained professionals, including therapists, educators, and support staff, who specialize in autism spectrum disorders. ARCL provides a wide range of services, including therapeutic interventions, personalized education plans, and skill-building programs, designed to help children reach their full potential. With its state-of-the-art facilities and a strong emphasis on innovation and care, ARCL has established itself as a trusted and leading institution for autistic children, ensuring their growth in a supportive and inclusive environment.

### Quarterly Highlights

- **January**
- **February**
- **March**

 **Autism Resource Centre Lahore**

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# Preview

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## 2024 - January

- IBT Training
- IBT Training - Certificate Distribution

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## 2024 - February

- ARCL's 9th Anniversary
- Fun Gala

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## 2024 - March

- Sports Gala
- World Down Syndrome Day at UVAS

# IBT Training – Advancing Our Expertise

The IBT training journey has been an insightful and transformative experience. This program has provided valuable learning opportunities, particularly in key areas such as:

**Prompting & Prompt Fading:** Understanding the balance between guiding learners effectively and gradually reducing prompts to foster independence.

**Reinforcement Strategies:** Exploring the role of positive reinforcement in encouraging and maintaining desired behaviors.

**Pairing:** Establishing strong connections between stimuli and reinforcement to create a solid foundation for effective learning.

As we reflect on the achievements of our IBTs in 2023, we acknowledge the dedication, motivation, and energy that contributed to this success.



The IBT training journey was a transformative experience, fostering dedication, skill development, and professional growth. This success was made possible by the collective efforts of our trainers, participants, and team. To honor their commitment, our esteemed Director distributed certificates, recognizing their achievements. As we move into 2024, we remain focused on innovation and continuous learning, striving for even greater milestones.



# ARCL's 9th Anniversary- Fun Gala

The ARCL Fun Gala was a vibrant celebration, marking ARCL's 9th anniversary with a day dedicated to joy, inclusivity, and community engagement. The event featured a variety of activities, including face painting, interactive games, and entertainment, creating a lively and welcoming atmosphere for children. Their enthusiasm and participation reflected the importance of providing spaces where every child feels valued and supported. The success of the event was made possible through the dedication of therapists, volunteers, and generous sponsors who contributed their time and resources.



# Collaborating for Neurodiversity – Special Sports Gala

ARCL has partnered with esteemed therapeutic clinics, including the Lailmah Khan Foundation, Oasis, and Love and Care Institute, to organize a special sports gala dedicated to children with special needs. This initiative aims to promote awareness and inclusivity, ensuring that every child receives the recognition and support they deserve. Through collaboration and collective efforts, we strive to build a more inclusive society where neurodiversity is embraced and celebrated. We extend our gratitude to all participants and supporters who have played a vital role in making this initiative a success.



# World Down Syndrome Day – A Commitment to Awareness

The University of Veterinary and Animal Sciences (UVAS) recently hosted a seminar in honor of World Down Syndrome Day, where ARCL's Director, Syeda Mahwish Raees, and Assistant Director, Syeda Sahar, were invited as esteemed guests of honor. The seminar provided a platform for insightful discussions on Down syndrome, fostering greater understanding and awareness. Students engaged in meaningful conversations and were recognized with gifts and certificates of appreciation. A special acknowledgment was given to Syeda Mahwish Raees for her outstanding contributions to inclusivity and advocacy.





## **AUTISM AWARENESS MESSAGE**

Autistic children have unique strengths and challenges, often excelling in areas like memory and problem-solving while facing difficulties in communication and sensory processing. With the right support, they can thrive in learning and social environments. True awareness goes beyond recognition—it requires acceptance, inclusion, and providing opportunities for growth. By fostering understanding, we can create a society where every autistic individual is valued and supported.

### **OUR VISION**

The Autism Resource Centre aims to become nationally and internationally acknowledged Centre with the distinction of implanting Quality services combined with outstanding outcomes through conducive learning environment, experienced staff, efficient, and friendly management.

### **OUR MISSION**

The mission of the Autism Resource Centre (ARC) Lahore is to support individuals with autism and their families by providing education, therapy, and resources. We aim to develop each child's potential, improve their quality of life, and prepare them for integration into mainstream schools, fostering a better understanding of autism across communities.



# Support Us



Your support can transform lives at ARCL. Every donation helps us provide a safe, empowering space where children with autism can thrive. Together, we can offer quality education, life-changing therapies, and a brighter future for these incredible kids. Join us in this journey of hope and possibilities—because every child deserves a chance to shine. Donate now and make a lasting impact!

## DONATION DETAILS

### CONTACT US:

042 35248222 | 0300 9579526 | 0303 6655444

### BANK DETAIL:

Account Number: 0000 0000 1478 4462 MCB Bank,  
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