



# NEWSLETTER

## AUTISM RESOURCE CENTRE LAHORE



The Autism Resource Centre Lahore (ARCL) was established in 2015 by Dr. Ahmad Faraz Bhatti, driven by a personal commitment to improving the lives of children with autism, inspired by his own experiences as a parent. As a non-profit organization, ARCL has become a beacon of hope for families navigating the challenges of autism. Led by Syeda Mehwish, the center prides itself on a team of highly educated and trained professionals, including therapists, educators, and support staff, who specialize in autism spectrum disorders. ARCL provides a wide range of services, including therapeutic interventions, personalized education plans, and skill-building programs, designed to help children reach their full potential. With its state-of-the-art facilities and a strong emphasis on innovation and care, ARCL has established itself as a trusted and leading institution for autistic children, ensuring their growth in a supportive and inclusive environment.

### Quarterly Highlights

- **July**
- **August**
- **September**

# Preview

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## 2021 - July

- Trip to Safari wildlife park
- Training Workshop for our Therapist

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## 2021 - August

- Interactive Lecture for parents
- Hands-on-Training for parents
- Independence-Day Celebration

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## 2021 - September

- Hands-on-Training for our Therapist



# Exploring Nature – A Trip to Safari Wildlife Park

We organized a multisensory learning trip to Safari Wildlife Park, offering children a unique opportunity to explore and interact with nature. Each real-world experience enhances their cognitive and sensory development, contributing to their overall understanding of the world. Our dedicated team put in significant effort to ensure that every child benefitted from this engaging and stimulating outing. Such trips foster curiosity, independence, and a deeper connection with the world around them.





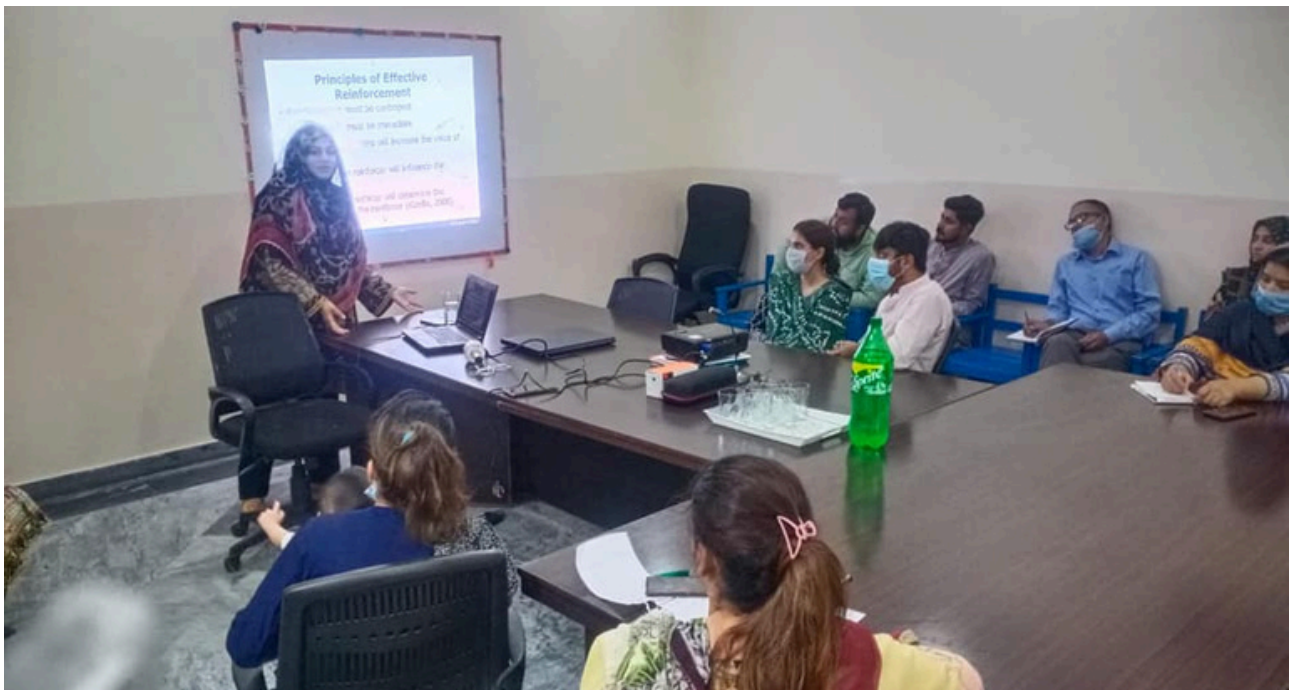
# Professional Development – Training Workshop for Therapists

ARCL hosted a highly interactive and informative training workshop for our therapists, conducted by the esteemed Dr. Mansur Choudry. His insights and expertise enriched our team's knowledge, enabling them to provide enhanced therapeutic interventions for children with autism. We are grateful for his valuable contributions and honored to have had him with us. Continuous training ensures our therapists stay updated with the latest advancements in autism intervention techniques.



# Parenting Support – Interactive Lecture on Reinforcement Strategies

An interactive lecture for parents was conducted by our Director, Sayeda Mahwish, focusing on reinforcement strategies for children with autism. This session provided parents with valuable tools to encourage positive behaviors and manage challenges effectively. Parental involvement is crucial in a child's development, and we are dedicated to empowering families with the right knowledge and skills. Providing such training strengthens the bridge between therapy at the center and a supportive home environment.





# Hands-On Training – Practical Reinforcement Techniques for Parents

To complement the lecture, a hands-on training session was conducted for parents to help them apply reinforcement techniques in real-life situations. This practical approach allowed them to understand and implement strategies effectively, ensuring a consistent and supportive learning environment at home. By practicing reinforcement techniques, parents can nurture confidence and communication in their children.



# Celebrating Independence Day – A Day of Patriotism & Joy

Our little angels celebrated Independence Day with enthusiasm, engaging in group activities such as card-making, hand and face painting, and marching to patriotic songs. These activities not only strengthened their motor and social skills but also helped them feel a sense of belonging and national pride. It was a joyous occasion filled with learning, fun, and creativity. Moments like these bring smiles, build friendships, and create lifelong memories for our children.



## Behavior Management – Hands-On Training Workshop for Therapists

A specialized hands-on training workshop was conducted for our therapists, focusing on behavior management techniques. This session provided essential guidelines for addressing behavioral challenges, ensuring that our therapists are well-equipped with the latest knowledge and strategies. Continuous learning and professional development remain a core value at ARCL, as we strive to provide the best support for children with autism. Empowering our therapists with these skills directly translates into better learning experiences and developmental progress for the children.







## **AUTISM AWARENESS MESSAGE**

Every child deserves an education tailored to their needs. Inclusive learning environments, special education resources, and trained teachers can empower autistic students to thrive in academics and beyond. Schools should focus on strengths-based learning rather than just addressing challenges. Every child, regardless of their learning style, has the right to a quality education.

### **OUR VISION**

The Autism Resource Centre aims to become nationally and internationally acknowledged Centre with the distinction of implanting Quality services combined with outstanding outcomes through conducive learning environment, experienced staff, efficient, and friendly management.

### **OUR MISSION**

The mission of the Autism Resource Centre (ARC) Lahore is to support individuals with autism and their families by providing education, therapy, and resources. We aim to develop each child's potential, improve their quality of life, and prepare them for integration into mainstream schools, fostering a better understanding of autism across communities.





# Support Us



Your support can transform lives at ARCL. Every donation helps us provide a safe, empowering space where children with autism can thrive. Together, we can offer quality education, life-changing therapies, and a brighter future for these incredible kids. Join us in this journey of hope and possibilities—because every child deserves a chance to shine. Donate now and make a lasting impact!

## DONATION DETAILS

### CONTACT US:

042 35248222 | 0300 9579526 | 0303 6655444

### BANK DETAIL:

Account Number: 0000 0000 1478 4462 MCB Bank,  
wapda Town Lahore.